



**TOWN OF**  
**RAINBOW LAKE**

# Newsletter

MARCH 2023

## Winter Carnival 2023



Winter Carnival 2023 kicks off this year on Friday, March 17th and will continue on Saturday, March 18th. All events are free and anyone who participates will be entered for a prize. The schedule is as follows:

### **FRIDAY, MARCH 17, 2023**

Chili Cookoff & Talent show 6:00pm — 7:30pm

Fireworks & Bonfire 7:00 +

### **SATURDAY, MARCH 18, 2023**

Free Pancake Breakfast 9:00am — 10:30am

Arena activities & Ice competitions 10:30am — 12pm

Free BBQ Lunch 12pm — 1:30pm

Kids Outside Activities 12:30pm — 2pm

Carnival Room 2pm — 3:30pm

Quick Family Bingo 4pm — 5pm

Dart Jitney & Crib Tournament (Adults only) 8pm — 12am

There is lots of fun to be had and lots of prizes to win!!!

We hope to see all our residents come down and join us!

### WHAT IS INSIDE THIS MONTHS ISSUE:

WINTER CARNIVAL

THE QUEEN  
ELIZABETH II  
PLATINUM JUBILEE  
MEDAL RECIPIENT

2023 RAINBOW  
LAKE LADIES  
BONSPIEL

NALOXONE CORRECTION

PEER SUPPORT &  
ADDICTIONS  
COUNSELLING  
MARCH 10

DAYLIGHT SAVINGS

OILMENS BONSPIEL 2023

# The Queen Elizabeth II Platinum Jubilee

The Queen Elizabeth II Platinum Jubilee Medal is a commemorative medal created to mark the 70th anniversary of Queen Elizabeth II's accession to the throne as Queen of Canada in 1952. It recognizes outstanding service from Albertans who have dedicated themselves to family, community and country.

Krista Kastiro has worked for Victim Services since 2015, and her amazing contributions to this community and Chateh were recognized on February 25, 2023



when she received the Queen Elizabeth II Platinum Jubilee Medal. She is pictured receiving this medal to the right, presented by MLA Dan Williams.

Our communities are very lucky to have such a caring, dedicated and empathetic program manager in this area.

Thank you Krista for everything you do for Rainbow Lake and Chateh!

Congratulations!!!!

# 2023 Ladies Bonspiel

The 2023 Rainbow Lake Ladies Bonspiel took place at the curling rink in the Recplex on March 3rd, 4th and 5th. This year's theme was **Disney on Ice** and there were 11 teams competing for the "A", "B" and "C" event winners. It was great to see members of our community try out curling for their first time as well as the familiar faces who we can count on to bring their "A" game!



(From left to right)

**A EVENT WINNERS — Team "Mickey Rocks"**

**Jody Morrill , Michelle Webber, Angie Robinson and Char Chretien**

**A EVENT 2nd PLACE — Team "Warner Trucking"**

**Judy Warner, Kendra Baglole, Janis Barber and Penny Murray**

The A Event was sponsored by Warner Trucking.

# 2023 Ladies Bonspiel



The B Event was sponsored by HD Wireline.

**The B Event Winners**  
(from left to right)

**Miranda Paul, Jeri Phillips, Pam Bueckert and Marissa Meneen**

# 2023 Ladies Bonspiel



The C Event was sponsored by Rainbow Lake Oilmen's.

**The C Event Winners  
(from left to right)**

**Madeline McKechnie, Danielle Ricks, Allison Schmahl and Kaitlyn Ricks**

Congratulations to all teams and thank you to all volunteers, cheerleaders and businesses who helped make this event happen!

# Naloxone

*(A correction from last month's newsletter)*

**Assumption Region Community Policing Society** is a Naloxone distribution site. Whether you just want to pick up a kit or receive training on how to properly administer the life saving drug, their wonderful staff are here to assist you. Each Tuesday from 9am-3pm kits will be available at the VSU Office in Rainbow Lake—located on the second floor of the RecPlex across from the library/above the gym. Should these times not work with your schedule, feel free to reach out to them by calling 780-956-3788 and leave a message.

Naloxone kits are also available at the Rainbow Lake Health Clinic and at the IDA and Pharmasave in High Level.

## Peer Support

**There will be peer support as well as an addictions councillor coming to the Rainbow Lake Health Clinic on Friday, March 10th, 2023 from 10am-3pm. No appointments needed—just walk in :)**

## Spring Ahead

Don't forget that day light savings is coming and clocks will "spring ahead" on Sunday, March 12th at 2:00!



# Rainbow Lake Oilmen's 46th Annual Bonspiel

The 46th Annual Rainbow Lake Oilmen's Bonspiel will be held on  
**March 24-26th, 2023.**

The entry fee is \$400.00 per team and there is an optional Calcutta for an additional \$100. Team format is open, Men, Women or Mixed. Minimum age to participate is 18 and the deadline to enter is  
**March 22, 2023.**

You may find the entry form on the next page :)



Town Office (Administration)  
Box 149, 65 Imperial Drive  
Rainbow Lake, AB  
T0H 2Y0  
780-956-3934

Recreation Complex  
Rec Plex  
1 Atco Road  
780-956-3778



Town Shop (Public Works)  
58 Imperial Drive  
780-956-3949

Fire Hall  
58 Imperial Drive  
780-956-3354



**Rainbow Lake Oilmen's Association**  
**46<sup>th</sup> Annual Curling Bonspiel**  
**March 24<sup>th</sup> -26<sup>th</sup> 2023**  
**Entry Fee: \$400.00/Team**  
**Optional Calcutta \$100**

**Team Format is open, Men, Women or Mixed**

*Curling, Prizes, Laughs & Friday Night Fun,*

*Saturday Night Social*

*Minimum age: 18*

*Deadline for entries: March 22<sup>nd</sup>, 2023*

*Please send registrations to: [RBLOilmen@gmail.com](mailto:RBLOilmen@gmail.com)*

*For more info, please contact:*

Jennifer Dawe	780-956-9590
Kendra Bagole	780-956-0030

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Team Name: \_\_\_\_\_

Skip \_\_\_\_\_ Ph: \_\_\_\_\_

3<sup>rd</sup> \_\_\_\_\_ Ph: \_\_\_\_\_

2<sup>nd</sup> \_\_\_\_\_ Ph: \_\_\_\_\_

Lead \_\_\_\_\_ Ph: \_\_\_\_\_

Receipt Mailed to: \_\_\_\_\_

Note: There is no limit on non-oilmen curlers, and you do not need to be an oilman to skip a team.

If we do not have enough teams registered, the tournament will be 2 days only with the final being on Saturday.